Medical and treatment expenses

my Journey

This form will help you to keep a record of expenses. This may be useful at tax time. Make sure you keep all of your receipts. You could use this sheet, or if you have the resources, you could set up a spreadsheet like this on your home computer.

It will also allow you to keep a record of when bills arrive and when they have been paid. At times, the number of bills and claim forms that need to be dealt with can seem overwhelming. If you find that you're not up to doing this, ask a family member or friend to help you keep on top of your financial accounts.

Date of Service (appointment, test, procedure)	The name of the person or organisation that performed the service	Type of Service (e.g. pathology test, medical consultation, surgery)	Item Number	How much charged for service	Scheduled Fee	Date submitted to Medicare	Date rebate received from Medicare	Amount received from Medicare	Date submitted to Health Insurance Company	Date rebate received from Health Insurance Company	Amount received from Health Insurance Company	Amount you were out-of-pocket

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