Medical and treatment expenses



resources, you could set up a spreadsheet like this on your home computer. This form will help you to keep a record of expenses. This may be useful at tax time. Make sure you keep all of your receipts. You could use this sheet, or if you have the

seem overwhelming. If you find that you're not up to doing this, ask a family member or friend to help you keep on top of your financial accounts. It will also allow you to keep a record of when bills arrive and when they have been paid. At times, the number of bills and claim forms that need to be dealt with can

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